



Short Communication

Malaria infection among blood donors in Eldmazin Town, Blue Nile State Sudan

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Abstract

*The study was conducted at Eldamazin town, the capital of the Blue Nile State which is located 525 Km South of Khartoum the capital of Sudan. The State extends from Sinnar State in the North, bordering Ethiopia in the East and the Upper Nile State into the West and South. It is an agricultural and postural state. The population of this state is 861000 persons (census, 2009) most of them are farmers and animal breeders. This study was aim to determine the prevalence and species of malaria infection among blood donors who attending to the teaching hospital. One hundred males' subjects were investigated during period from July up to October 2010. Their age range between (19 – 40) years. Two malaria tests were used thick and thin blood films and Immuo chromatoghic test (ICT). The percentage of infected were (12%) subject by *p. falciparum*. The high prevalence of malaria *p. falciparum* among age group was found to be in (<25) years, no significant difference in the prevalence between married (5%) group and single (7%) Table (1), and no other risk factors previous blood transfusion, was found to be significant. There was no significant difference observed between two techniques used for detection malaria BFFM and ICI. The BFF has highest combined sensitivity and specifies. We concluded that the highest prevalence of malaria among age group (≤ 25) years and (26-0) years.*

Keywords: Malaria, blood transfusion, *p. falciparum*.

Introduction

Malaria is one of the important problems in many countries, especially in tropical areas¹ the infection with malaria parasite may cause a variety of clinical symptoms, depending on a combination of different factors, including the virulence of the parasite isolate, host-related factors, such as the immune status and genetic makeup^{2,3}. The symptoms of disease were no specific and include headache and pains in the back and limbs, anorexia nausea, chill and continuous or remittent fever⁴. The medical use of blood and blood derivative was increasing all over the world despite the hazards related to transmission of protozoal, spirochaeted, bacterial, and viral diseases. Whole blood was stored at temperature range of 1- 6°C at which the rate of glycolysis was considerably lower than 37°C, sufficient lactic acid produced causing progressive fall in the pH which in turn leads to halting glycolysis². The other malaria species, *P. vivax*, *P. ovale*, *P. malaria* and *P. knowlesi*. Malaria was the most important infection disease in tropical and sub-tropical regions¹. The transmission of malaria by blood transfusion was one of the first recorded incidents of transfusion-transmitted infection⁶. The ability of screen the donation, as well as the donors, can decrease significantly and risk of TTM, there were

four specific targets for donation screening intracellular parasites plasmodial antibodies, plasmodial antigen, and plasmodial DNA. Although there has been some debate over which was the most effective strategies are needed, and that need to develop locally according to needs and resources⁷.

Materials and methods

Sample collection: The sample size was (100) subjects of blood donors in Eldmazin Teaching Hospital, Blue Nile State Sudan attended for blood bank.

Ethical Clearance: Written informed consent was given to participant.

Study duration: This study was carried out from July up to December 2010.

Methods: Two well know malaria techniques were used for blood donors attending the bank. i. Immuo chromatoghic test (ICT). ii. Thick and thin blood film.

Data collection: The primary data were the blood samples from donors, the secondary data were collected by constructing a questionnaire.

Statistics analysis: Data were analysis was performed using Statistical Package for Social Sciences (SPSS) version (16) USA. All data are reported as means \pm SD and percentage. Statistical significance was considered as ($p < 0.05$).

Results and discussion

The aim of this study was to determine the prevalence of malaria among blood donors in Eldamazin Town Teaching Hospital. The results indicate that malaria was the highly prevalence in Eldamazin Town where the study was conducted. The prevalence of malaria among married group increased compared to single group Table-1. The mean prevalence rate of malaria infection among blood donors was (12%) all of them infected with *p.falciparum* with parasite count 167-1616 parasite/micro liter of blood. The prevalence rate was (20%) among blood donors in this study was agreement with⁸ Nodedl H *et al.* in Niger Delth who reported that the prevalence (10.2%), however this results were in disagreement with results observed by⁵ Mungai *et al.* in USA and⁹ Bakri *et al.* in Wadmadni Town Gazira State Sudan who reported (26.3%). The prevalence of malaria observed in this study was higher than that reported by¹¹ who reported (6.5%). The distribution of malaria infection according to blood group represented same results in A and O group, but group B presented two cases and (AB) no case Table-2. The prevalence (12%) may suggest the possible increase in spread of malaria in Eldamazin Town, the highest rate age group 26-30 \geq 36 years. These results reflect that there were no significant difference observed between two techniques used for detection malaria BFFM and ICI. The BFF has highest combined sensitivity and specifies. The relevance of malaria among married groups increased compared to single group Table-1.

Conclusion

We concluded that the highest prevalence of malaria among age group (≤ 25) years and (26-30) years, the BFFM, ICT test were accurate and cost-effective diagnosis for determining the presence of malaria parasites.

Recommendation: We recommended that screening blood donors for malaria is mandatory and blood film for malaria rapid diagnostic test should be included in screening blood donation.

Table-1: The effect of marital status of blood donors on malaria infection.

Marital status	Malaria parasite		Total
	positive	Negative	
Married	9 5.0%	31 35.0%	40 40.0%
Single	7 7.0%	53 53.0%	60 60.0%
Total	16	84	100

Table-2: The distribution of malaria infection according to blood groups.

Blood group	Malaria parasite		Total percentage
	Positive	Negative	
A	5 5.0%	21 21%	26 26.0%
B	2	17	19
AB	6 0.0%	1 1.0%	1 1.0%
O	5 5.0%	49 49.0%	54 54.0%
Total	12	88	100

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