



Music is the Global source of Health, Wealth and Prosperity

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Available online at: www.isca.in, www.isca.me

Received 23th March 2023, revised 28th April 2023, accepted 15th May 2023

Abstract

This research paper is on "Globalize Role of Music in Health, Wealth and Prosperity". It's not doubt about music and health, wealth and prosperity are related each other very closely. It is scientifically and medically prove that music is very good component of better health better mind and meditation. When parson is express his emotions like pleasure and sadness by singing song or listening song, this way very-very important for human being health to improve. Various kind of mental, physical and psychological illness improves by music, when health is good then automatically wealth and prosperity grow and improve. Music is also one good source of wealth when human listen good music. Wealth prospective music is helping us to improve social status and wealth. Music helps us to improve family progress, educational progress, social repletion, to make you happy any time and all types of progress and wealth music is created important role. Musical create change in our life, music is help improving our knowledge, creativity social status and also earning source of his life he is satisfied to the person to help us by making music performers. Therefore Music is the Global Source Prosperity. Music, it's important through health, wealth and prosperity because, there are many benefits of music and everyone is related to music in the society, school as well as collage students, intelligence to be developed fame and life fame are really claimable. Better health, better wealth, better prosperity Music plays an important role in better social adjustment, more positive attitudes, especially among low ability and disaffected students.

Keywords: Musical relation with Health, Wealth and Prosperity.

Introduction

This research paper is on "Globalize Role of Music in Health, Wealth and Prosperity". Sound is the basic cause of the whole world. That means the sound is preliminary medium in dealings auspicious sound 'OM' is the original sound and itself is beginning sound as well. It is the essence of all 'Mantras'. Therefore it is beyond the imaginations to be without sound and great penance of this sound is the one who is blessed by

the sacred auspices of Saraswati Goddess. The term Music is derived from the Greek Word 'Mousa'. Greek philosophers and ancient Indians defined Music as tones ordered horizontally as melodies and vertically as harmonies. Music theory, within this realm, is studies with presupposition that Music is orderly and often pleasant to hear. It is a matter of common knowledge to all music lovers that Indian classical music has its origin in the Samaveda¹.

Music is the finest of fine art forms in the World. It is an instrument that builds World Peace and Harmony. Plato says, 'Music is the movement of sound to reach the Soul'. Any sound that delights the human ear is Music. Indian music has developed over the ages and improvisation predominates its musical tradition. The music of post generations is carried over the ages through Musicography or Notations. Indian Music is world historical traditional music. Health, wealth and prosperity point of view contribution on.

Plato Says: "Music is a moral law. It gives a soul to the universe, wings to the mind, flight to imagination, a charm to sadness and gaiety and life to everything".

Research Method

This research paper is on "Globalize Role of Music in Health, Wealth and Prosperity", research materials for this research paper is collected from a variation of research method and primary and secondary sources. Historical, sociological research is utilized in the development of a model of pedagogy in historical and contemporary contexts. In addition to these secondary sources, Music subject retarded old research paper, Books, Sangeet Masik, online information, Newspaper Article study of music therapy, musical personal experiences and reflective analysis of my own experiences Indian music pervades all nature, It is coeval with the creation.

Music play important role in health improvement

This In Indian classical Music the most ancient tradition of keeping time, most probably was by clapping hands and then the tradition of keeping time by foot work would have began, clapping and rethemec foot works better for health. "Sentiments of the mind and passions are expressed by measured steps or bounds, that are made in cadence, by regulated motions of the body and graceful gestures; all of which can only be successfully produced by that law of nature called rhythm"². India is a vast country and in its various reasons, local arts crafts have developed traditionally and have been preserved in various ways, especially folk music. Traditional music almost stands on the psychological and scientific theory, but no more research in related subject of

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music and ignores it. Music performs is almost the response is not oral, psychological response first. Music is really helpful in curing minor to major health problems. Music is impact on whole human body, like mental, physical improvement this called music therapy. The seven swaras has their own specific place in the body from where it is rendered,

Sa-: from the throat,

Re-: from the root of the palate,

Ga-: from the lips,

Ma-: from the centre of cerebrum,

Pa-: from the teeth, throat, cerebrum, palate and lips,

Dha-: from throat and palate,

Ni-: from throat and lips³.

So while the notes are rendered with the efforts of the parts of body. Physical and physiological pain is stimulate by listening music. As known, Indian classical music is based on the raga system. Ragas are the melodic scales consisting notes. Each Raga has its own significance in terms of notes, mood and nature. When our ears receive medical sounds it start activating the inner soul. Researchers have found the evidences of some ragas like Shyama Kalyan, which helps to activate of the body. Gurjari Todi and yaman helps in activating both the ragas have power to stabilize the wandering attention. Raga Bhairav and Durga has the power of Divinity in attaining bliss as it activates the heart of the body. Raga Jaijawanti activates that in turn helps to control the sense organs of the body. Notes Raga Bhairavi and Darbari helps to relax the limbic area. Raga Bhup is found effective to purify. It also releases stress, tension, anger and mental fatigue. The raga stimulates the different parts of body to be maintaining balance. Even in today's scientific age, even today in our villages, if a person is bitten by a snake, its poison is removed by mantras through folk music⁴. Sitar and Sarangi have been proved to be the best instruments from the medical point of view. The music of the sitar pulls up the falling, depressed heart of the patient and saves him from falling or sitting. The continuous chiming of the strings (jodi,

shadja, pancham and chikari) of the sitar dispels insomnia quickly. Sarangi has the ability to remove the madness of a madman⁵.

Music and Wealth's Correlation

Music is improving Health and wealth is depending on good health, music and wealth's correlation with each other. Folk music depicts the daily life, the joys and sorrows of the small sectors of society. The folk music of the lower caste is living even today and folk dance still using percussion instruments inspire of the strenuous work they have to do for the whole day, owing to the rising prices and the resultant property.

Even among women, their folk culture is deep rooted. Man is striving for wealth and position with lot of stress, tension and anxiety. There are two ways in which a man experiences exhibition, physical and mental exhaustion. Physical exhaustion is met by taking proper rest, eating healthy and exercises. Mental exhaustion can be lessened by meditation, sleep and listening⁶. Here listening implies releasing mental stress by listening good music, music is an aid to attain instant relief from chaos. The simplest and most effective methods of relaxation are listening to good music⁷. Being in an ambience of light and calming music can make wonders in life. Well, if talking about the everyday challenges leading to minor depression, anxiety and anger, music helps to calm. Listening to a person's favourite tune can switch his mood at once.

Music and Growing Prosperity

Music plays important role for name, fame and prosperity in many of musician, dancer and instrument player. Everyone part of inactive and not alive effects of nature, music is all time together of it. People attract towards music for a variety of reasons and sometimes even accidentally⁸. What they discover in it is the possibility of a richer emotional life, in any society; those who value such satisfactions are few. This is way the audience for music is generally small. Those who enter this world successfully are those who have the basic support and background of music, keen interest and hard work, that we called regular 'riyaz' are most important to flourish in this field. To become a doctor or engineer or any professional, one is

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prepared to invest lot of money, time and hard work; but when one wants to take Music as a full time professional/ career, one's attitude is casual. One does not realise that learning music is not only comparable with professional courses, but requires sacrifice with on immediate return or rewards⁹.

The great famous artists with the help of music create self name fame, wealth and prosperity. Some great famous artists like Pt. Kumar Gandharva, Pt. Kishori Amankar, Pt. Omkarnath Thakur, Dr. Vidyadhar Oak and B. R. Devdhar have crushed link of popular obstacle, put on expensive idea of music in musical society. Area in formation of music Pt. Vishwa Mohan Bhatt has introduced a new instrument in musical industry "Mohan Veena" design from guitar. Pt. Bhimsen Joshi famous musician has deliberated the sentiment of music in the live Maifial. Pt. Ravi Shankar and Pt Ajay Pohankar, has also best great fusion. Difference between mechanical or particular response caused by music and its stimulus.

Music therapy is defined as the clinical and evidence based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program¹⁰. Music has been used as a healing force for centuries. Apollo: is the ancient Greek god of music and of medicine¹¹. Aesculapius: was said to cure diseases of the mind by using song and music, and music therapy was used in Egyptian temples.

Nowadays, this term is considered as one of the expressive therapies. It is widely accepted and applied on infants to adults¹². In day to day individual and social life, of course, we find musical effects everywhere and all time; there is soothing music even in silence. And then, everyone is well acquainted with the music in the singing of birds, ringing sounds of grazing herds, flow of streams falls, dancing tides of seas, whistling sound of winds through fields and forests and like. Classical, Folk and Applied forms of Vocal and Instrumental Music and Dances have no doubt been enriching the individual and social life at the National and International levels¹³.

Conclusion

Results showed that Music, Health, Wealth and Prosperity is interlink with each other and music played very important role. Music has a extreme impact on health, wealth and prosperity. In fact, there is a increasing field of health control known as music therapy, which uses music to cure.

Those who practice music therapy are finding a benefit in using music to help patients and children also with various illness and sickness. In wealth and prosperity music therapy contributes to the growth of economy as well as it affects the productivity, consumer behaviour, employment, tourism and health.

We have learnt that music is not just a form of entertainment and that there are lots of links between with health, wealth and prosperity. Music itself is a recreational activity that has a lot of potential for the well-being of any society, if a person knows how to apply it. Conclusion showed that music develop an antibody that plays an important role in immunity of the mucous system, as well as natural killer cell counts, the cells that attack germs and bacteria invading the body.

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