



## Review Paper

# Fungi based Bio-remediation: Revolutionizing plastic waste management for sustainability

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## Abstract

Plastic waste has emerged as a critical environmental challenge in recent decades, with significant detrimental effects on ecosystems and human health. Traditional plastic waste management methods, such as land-filling and incineration, are associated with numerous environmental issues. Therefore, alternative strategies for plastic remediation are urgently needed. Bio-remediation, is a sustainable approach that utilizes microorganisms to degrade pollutants, has gained considerable attention for plastic waste treatment. Fungi, with their diverse metabolic capabilities, have shown promising potential in the bio-remediation of plastic. This paper provides an overview of the bio-remediation process, explores the unique attributes of fungi for plastic degradation, and discusses recent advancements in fungal-mediated plastic bio-remediation.

**Keywords:** Bio remediation, Fungi, Pollution. Plastic wastes, environment, sustainable management.

## Introduction

Plastic pollution refers to the accumulation of plastic waste in the environment, particularly in bodies of water, landfills, and natural ecosystems causes Marine Pollution, Land pollution and Air Pollution. It is a significant environmental issue with far-reaching impacts. Plastic waste often ends up in rivers, lakes, and oceans, posing a severe threat to marine life. Marine animals such as seabirds, turtles, seals, and whales can become entangled in plastic debris or mistake it for food, leading to injury, suffocation, and death. Additionally, when plastic breaks down into smaller pieces called microplastics, they can be ingested by marine organisms, potentially entering the food chain and causing harmful effects. Microplastics have been detected in drinking water, seafood and even remote regions such as the Arctic. They can accumulate toxins and be ingested by organisms, potentially impacting their health and biodiversity<sup>1,2</sup>.

Plastic waste accumulates in landfills, contaminating soil and groundwater. The decomposition of plastic is a slow process, taking hundreds of years, which means that plastic waste remains in the environment for an extended period. Plastic litter on land also degrades the aesthetic value of natural landscapes and can harm terrestrial wildlife that may ingest or become entangled in it. The incineration of plastic waste releases toxic pollutants and greenhouse gases into the air. When plastics are burned, they release harmful chemicals such as dioxins, furans, and polychlorinated biphenyls (PCBs), which can have detrimental effects on human health and ecosystems. Plastic contain various chemicals, some of which can be hazardous to human health.

Certain additives, such as phthalates and bisphenol A (BPA), have been linked to hormone disruption and other health issues<sup>3,4</sup>. When plastic waste enters the environment, these chemicals can leach into soil and water, potentially entering the food chain and posing risks to human health.

Effective plastic waste management can create economic opportunities. Recycling and proper waste disposal system can generate employment, stimulate local economies, and foster innovation in recycling technologies. By adopting sustainable practices, businesses can reduce costs associated with waste disposal and mitigate potential liabilities. For sustainable waste management and to clean up various types of pollutants like organic compounds, heavy metals, oil spills including Plastic wastes, Bio-remediation is a cost-effective and environmentally friendly process. It utilizes living organisms, such as bacteria, fungi, and plants, to degrade or remove contaminants from polluted environments<sup>5-7</sup>.

To achieve sustainable plastic waste management, it is crucial to adopt a comprehensive approach that includes reducing plastic consumption, promoting recycling and circular economy models, investing in research and development of alternative materials, implementing effective waste collection and sorting systems, and raising awareness among individuals and businesses about responsible plastic use and disposal.

## Mechanisms involved in Bio-remediation

The principles and mechanisms of bio-remediation involve several key factors which includes:

**Biological Transformation:** Bioremediation relies on the metabolic capabilities of microorganisms to transform pollutants into less harmful or non-toxic forms. Fungi can break down complex organic compounds into simpler molecules through enzymatic reactions, ultimately converting them into carbon dioxide, water and harmless by products<sup>8</sup>.

**Nutrient Enhancement:** Microorganisms require specific nutrients to support their growth and metabolism. In some cases, the availability of essential nutrients like nitrogen, phosphorus, and oxygen may limit the effectiveness of bioremediation. Nutrient enhancement involves adding or optimizing the supply of these essential elements to stimulate microbial activity and accelerate pollutant degradation.

**Bioaugmentation:** Bioaugmentation is the addition of specific microbial strains or consortia to contaminated sites to enhance the degradation of pollutants. This approach is used when indigenous microbial populations at the site are insufficient to effectively degrade the contaminants. The introduced microorganisms possess specialized metabolic pathways that enable them to efficiently break down the targeted pollutants.

**Biostimulation:** Biostimulation aims to enhance the activity of indigenous microorganisms by providing favorable environmental conditions. Factors such as temperature, pH, moisture content, and oxygen availability can influence microbial growth and activity. Adjusting these conditions through techniques like aeration, pH adjustment, or adding electron acceptors can optimize the bioremediation process.

**Phytoremediation:** Phytoremediation involves using plants to remove, stabilize or degrade contaminants in soil, water or air. Certain plant species have the ability to accumulate pollutants in their tissues or facilitate microbial degradation through root exudates. Phytoremediation can be effective for metals, organic compounds and some types of contaminants.

**Natural Attenuation:** Natural attenuation refers to the inherent capacity of the environment to degrade pollutants without human intervention. It relies on naturally occurring microbial populations and environmental conditions to facilitate pollutant degradation over time. Monitoring and managing the factors that affect natural attenuation can enhance its effectiveness as a bioremediation strategy<sup>7</sup>.

In brief bioremediation harnesses the power of biological processes to mitigate pollution. It is a versatile and sustainable approach that can be applied to diverse contaminated environments, ranging from soil and groundwater to marine and industrial sites. The success of bioremediation depends on understanding the specific contaminants, site characteristics, and microbial ecology to design and implement the most appropriate strategies for effective remediation. When fungi are involved in bioremediation process it is called Mycoremediation.

## Fungi based Bioremediation for Plastic wastes

Plastics are synthetic polymers that are known for their resistance to degradation, leading to their accumulation in the environment. Certain fungi have evolved the ability to break down and utilize plastic as a carbon and energy source. These fungi produce specific enzymes, such as esterases, lipases, and peroxidases, which can breakdown the chemical bonds in plastics, ultimately resulting in their degradation<sup>13</sup>. One well-known group of plastic-degrading fungi is the genus *Aspergillus*. Several species within this genus, such as *Aspergillus niger* and *Aspergillus fumigatus*, have demonstrated the ability to degrade various types of plastics, including polyurethane and polyester. Other fungi, such as *Trichoderma*, *Penicillium*, and *Phanerochaete chrysosporium*, have also shown plastic-degrading capabilities. The plastic degradation potential of fungi is influenced by various factors, including the composition and structure of the plastic, the environmental conditions, and the specific fungal species involved<sup>14,15</sup>.

## Enzymatic pathways involved in fungal plastic degradation

Fungi are known for their ability to degrade a wide range of natural and synthetic polymers, including plastic materials. The enzymatic pathways involved in fungal plastic degradation can vary depending on the type of plastic being targeted<sup>16,17</sup>. Some of the key enzymatic pathways that fungi may employ for plastic degradation.

**Extracellular Enzymes:** Fungi produce extracellular enzymes that act on the surface of the plastic, breaking it down into smaller fragments. These enzymes include:

**Esterases:** Esterases catalyze the hydrolysis of ester bonds present in plastics such as polyethylene terephthalate (PET). They cleave the ester linkages in PET, leading to the production of monomers such as terephthalic acid and ethylene glycol

**Lipases:** Lipases are enzymes that hydrolyze the ester bonds in polymers like polyurethane. They break down the polyurethane into smaller units that can be further metabolized.

**Intracellular Enzymes:** After the extracellular enzymes break down the plastic into smaller fragments, fungi take up these fragments into their cells, where intracellular enzymes act on them. Some of the intracellular enzymes involved in plastic degradation include:

**Hydrolases:** Fungi produce various hydrolases, such as proteases, cellulases, and chitinases, which can act on different types of plastics. These enzymes hydrolyze the polymer chains, converting them into smaller, more easily metabolizable compounds.

**Oxidoreductases:** Oxidoreductases, including laccases and peroxidases, are involved in the oxidation of aromatic compounds present in plastics like polystyrene. They break down the aromatic rings, making the plastic more susceptible to further degradation<sup>17</sup>.

**Coordinated Enzyme Systems:** Plastic degradation by fungi often involves a coordinated action of multiple enzymes working together to break down the polymer<sup>18</sup>. Fungi may produce enzyme systems that act synergistically to efficiently degrade plastics. For example, a combination of esterases, lipases, and hydrolases may be required for the complete degradation of certain plastics.

### Factors influencing fungal plastic degradation efficiency

To optimize fungal growth conditions for enhanced plastic degradation, several factors should be taken into consideration. These factors include

**Fungal Species:** Different fungal species have varying capabilities to degrade plastics. Some fungi possess enzymes, such as cutinase, lipases and esterases, which aid in breaking down plastic polymers. The choice of fungal species used for degradation can significantly impact the efficiency. Some common examples include *Aspergillus spp.*, *Penicillium spp.*, and *Trichoderma spp.*

**Substrate specificity:** Fungal species may exhibit varying substrate specificity, meaning they might be more efficient at degrading certain types of plastics. Some fungi are better suited for degrading polyethylene terephthalate (PET), while others may be more effective against polyurethane (PU) or polyethylene (PE).

Selecting the appropriate fungus for the specific type of plastic being targeted can enhance degradation efficiency. The type of plastic to be degraded is selected as an appropriate substrate for fungal growth. This can include synthetic polymers like polyethylene (PE), polypropylene (PP), polyethylene terephthalate (PET), or others. The substrate should be compatible with the chosen fungal species.

**Environmental Conditions:** Environmental factors play a crucial role in fungal plastic degradation. Temperature, pH, moisture content, and oxygen availability can influence the growth and metabolic activities of fungi. Optimal conditions for fungal growth and enzyme activity should be maintained to maximize degradation efficiency.

pH and Temperature Optimization can be obtained from previous studies or by conducting preliminary experiments. Maintenance of the growth conditions within the specified range to ensure maximum fungal activity and plastic degradation.

Adequate oxygen supply is crucial for fungal growth and plastic degradation. Proper aeration of the growth medium is ensured by using appropriate shaking or aeration systems. This helps prevent anaerobic conditions and promote fungal activity.

**Nutrient availability:** Fungi require appropriate nutrient sources to thrive and produce enzymes necessary for plastic degradation. The availability and composition of carbon, nitrogen, and other essential nutrients in the growth medium can impact fungal growth and enzymatic activity. Proper nutrient management is essential for efficient degradation. This may involve adjusting the carbon-to-nitrogen ratio, adding trace elements, or incorporating specific supplements known to enhance plastic degradation.

**Pre-treatment of Plastics:** Pre-treating plastics before fungal degradation can enhance efficiency. Mechanical grinding, chemical treatments, or exposure to ultraviolet (UV) radiation can modify the surface properties of plastics, making them more accessible to fungal enzymes and facilitating degradation.

**Co-culturing and microbial interactions:** Fungi can work synergistically with other microorganisms, such as bacteria or other fungal species, to enhance degradation efficiency. Co-culturing different microorganisms can lead to the production of a broader range of enzymes, increasing the potential for plastic degradation.

**Plastic characteristics:** The physical and chemical properties of the plastic itself influence the degradation process. Factors like polymer structure, molecular weight, crystallinity, and additives present in the plastic can affect the accessibility of fungi to the polymer chains and the susceptibility of the plastic to enzymatic breakdown and degradation of the plastic.

**Incubation period:** The length of time the fungi are allowed to interact with the plastic can affect the degradation efficiency. The optimal incubation period is required for the fungal species to achieve maximum plastic degradation. This can vary depending on the type of plastic and the fungal strain. Regularly monitoring of the growth and degradation progress is done during the incubation period.

**Fungal inoculums and spore preparation:** A suitable fungal inoculum or spore suspension is prepared to initiate the growth process. This can involve cultivating the fungus on a suitable medium, harvesting the mycelium, and collecting spores. A standardized inoculation procedure is used to ensure consistency across experiments.

**Monitoring and analysis:** Throughout the growth period, monitoring of the fungal growth and plastic degradation is done by measuring relevant parameters such as biomass increase, substrate weight loss, or chemical changes in the plastic. Regular sampling is conducted and appropriate analytical techniques are performed to quantify the degradation progress.

**Iterative optimization:** If the desired level of plastic degradation is not achieved, considerable modification of one or more growth parameters are done, repeating the process. This iterative optimization approach allows for fine-tuning the conditions to maximize fungal growth and plastic degradation.

### Fungi Species with high plastic degradation Potential

There are several fungal species known for their high plastic degradation potential. These are as follows:

***Aspergillus niger*:** This filamentous fungus has been found to possess the ability to degrade various types of plastics, including polyurethane (PU) and polyethylene terephthalate (PET). It produces enzymes called esterases and esterases-like enzymes that can break down these Plastics<sup>18</sup>.

***Trichoderma reesei*:** This fungus is commonly used in industrial processes for cellulase production. It has also shown the ability to degrade certain plastics, such as polyethylene (PE), by secreting enzymes capable of breaking down the polymer chains.

***Pestalotiopsis microspora*:** Originally discovered in the Amazon rainforest, this fungus is capable of breaking down and utilizing polyurethane (PU) as its sole carbon and nitrogen source. It produces enzymes that can degrade both soft and hard PU foams.

***Rhizopus delemar*:** This fungus is known for its ability to degrade polystyrene (PS), which is a common plastic used in packaging materials. It produces an enzyme called styrene monooxygenase, which can break down the polymer chains of PS.

***Pleurotus ostreatus*:** Commonly known as the oyster mushroom, this fungus has been studied for its potential to degrade various types of lignocellulosic materials. Recent research has shown its ability to degrade certain types of plastics, including polystyrene (PS) and polyethylene (PE)<sup>18</sup>.

***Schizophyllum commune*:** It is also known as Split gill mushroom, it is known to degrade polyurethane. Like the oyster mushroom, split gills are also edible and in some cases can be consumed even after degrading plastic, ultimately clearing up waste while providing food<sup>18</sup>.

***Aspergillus tubingensis*:** *Aspergillus tubingensis* is found worldwide in regions with warmer climates. It is resilient fungus, tolerant to low pH and water levels. Like many other fungi in the *Aspergillus* genus. It was reported in Pakistani garbage dump, demonstrating its potential for landfill remediation<sup>18</sup>.

### Genetic engineering approaches to improve fungal plastic degradation

Genetic engineering can be a powerful tool for improving fungal plastic degradation<sup>6</sup>. The efficiency of plastic degradation by fungi is often limited, and genetic engineering can help overcome these limitations. Some genetic engineering approaches that can be used to enhance fungal plastic degradation.

**Enzyme optimization:** Fungi naturally produce enzymes such as lipases, esterases, and cutinases that can degrade plastics. Through genetic engineering, these enzymes can be modified to improve their catalytic efficiency, substrate specificity, and stability. Techniques like site-directed mutagenesis and directed evolution can be used to enhance enzyme activity and broaden the range of plastics that can be degraded.

**Pathway engineering:** Plastic degradation often involves a complex network of enzymes working together. By engineering the metabolic pathways involved in plastic degradation, the efficiency of the process can be enhanced. This can be achieved by introducing genes encoding key enzymes from different organisms or by modifying the expression levels of existing genes to optimize the overall degradation pathway.

**Promoter engineering:** Modifying the promoters that control the expression of genes involved in plastic degradation can lead to increased enzyme production. By using strong and inducible promoters, fungal strains can be engineered to produce higher levels of plastic-degrading enzymes under specific conditions, improving their degradation capabilities.

**Co-cultivation and microbial consortia:** Another approach is to engineer fungal strains to work synergistically with other microorganisms in a co-culture or consortia. For example, certain bacteria can produce enzymes that facilitate the initial breakdown of plastics, making them more accessible to fungal degradation. By engineering fungal strains to work in conjunction with specific bacteria, the overall plastic degradation efficiency can be improved.

**Metabolic Engineering:** Fungi have diverse metabolic capabilities that can be harnessed to enhance plastic degradation. By modifying the metabolic pathways involved in plastic degradation, such as increasing the production of energy or reducing the production of inhibitory byproducts, fungal strains can be engineered to be more efficient at breaking down plastics.

### Synergistic interactions between fungi and other microorganisms in plastic bioremediation

**Fungal Microbial Consortia:** Fungi often form symbiotic relationships with bacteria and other microorganisms to create microbial consortia.

These consortia exhibit enhanced plastic degradation capabilities compared to individual microorganisms. Fungi can provide a suitable environment for bacteria to thrive and contribute to the breakdown of plastics by releasing enzymes or metabolites that promote plastic degradation.

**Complementary Enzymatic Activities:** Fungi possess a diverse array of extracellular enzymes, including cellulases, ligninases, esterases, and lipases, which can break down different components of plastic polymers. Some fungi produce enzymes capable of initiating plastic degradation by breaking down the polymer chains, while others produce enzymes that can further degrade the smaller plastic fragments. These enzymatic activities can be complemented by other microorganisms within consortia, expanding the range of plastic polymers that can be targeted for degradation.

**Nutrient Exchange:** Fungi and other microorganisms can engage in nutrient exchange within microbial communities. Fungi can release enzymes that break down complex organic compounds present in plastics, making them more accessible to other microorganisms. In turn, these microorganisms can metabolize the released nutrients and produce byproducts that can benefit the fungi, creating a mutualistic relationship.

**Biofilm Formation:** Fungi are known to form biofilms on the surface of plastics, which can provide a protected and stable environment for other microorganisms to colonize. Biofilms enhance the degradation process by concentrating the enzymatic activities and creating micro-environments with favorable conditions for plastic breakdown.

**Quorum Sensing and Communication:** Microorganisms, including fungi, can communicate with each other through chemical signals in a process known as quorum sensing. This communication enables microorganisms to coordinate their activities and optimize plastic degradation processes. Fungi can release signaling molecules that attract other microorganisms to the plastic surface, facilitating the formation of consortia and the exchange of genetic information.

**Challenges and Future Prospects:** While fungal bioremediation shows great promise as a sustainable and cost-effective approach for environmental cleanup, it also presents certain scale-up challenges and feasibility considerations. Major challenges include: i. Fungal strain selection: The choice of fungal strains plays a crucial role in bioremediation effectiveness. Identifying suitable fungi capable of degrading the target contaminants and adapting to different environmental conditions is essential. Extensive research is required to find the most effective strains for specific pollutants, ii. Contaminant Complexity: Fungal bioremediation may encounter challenges when dealing with complex mixtures of contaminants. Fungi have varying capabilities to degrade different types of pollutants, and some contaminants may be recalcitrant or toxic to fungi. The complexity of the contaminants present at the

remediation site needs to be thoroughly assessed to determine the feasibility of fungal bioremediation. iii. Scale up and process optimization: Moving from laboratory-scale experiments to large-scale field applications is a significant challenge. Scaling up fungal bio-remediation processes requires optimizing parameters such as nutrient availability, moisture content, temperature, and oxygen supply. Ensuring consistent fungal growth and activity throughout the treatment area is crucial for effective remediation. iv. Site-specific conditions: Environmental factors, such as pH, temperature, and soil composition, can significantly impact the performance of fungal bioremediation. Each site may present unique challenges in terms of these conditions, and careful site characterization is necessary to determine if fungal bioremediation is feasible and how it needs to be adapted.

### Consequences of Bio remediation by fungi

**Long-term sustainability:** The long-term sustainability and stability of fungal bioremediation systems need to be considered. Some fungal species may have limited tolerance to changes in environmental conditions or may exhibit decreased degradation efficiency over time. Monitoring and management strategies must be implemented to ensure the continued effectiveness of the bioremediation process.

**Conservation of Natural Spaces:** Uncontrolled plastic waste accumulation blights natural landscapes, including beaches, forests, and mountains. These areas are not only valuable for their ecological significance but also for tourism and recreation, providing economic benefits to local communities. Sustainable plastic waste management helps preserve these natural spaces for future generations to enjoy.

**Climate Change Mitigation:** Plastic waste management is closely linked to climate change mitigation efforts. As plastic decomposes over long periods, it releases greenhouse gases, contributing to global warming. By adopting sustainable waste management practices such as recycling, reusing and reducing plastic consumption, we can reduce greenhouse gas emissions and minimize our carbon footprint.

**Plastic Pollution Awareness:** The growing awareness and concern about plastic pollution have resulted in increased public pressure on governments, businesses, and individuals to address this issue. Sustainable plastic waste management helps meet public expectations and demonstrates a commitment to environmental stewardship, leading to improved public perception and brand reputation.

**Regulatory consideration:** The use of fungal bioremediation may be subject to regulatory approval, as it involves the release of living organisms into the environment. Compliance with applicable regulations and obtaining necessary permits can pose challenges and affect the feasibility of large-scale implementation.

Despite these challenges, fungal bioremediation has shown promise in treating a variety of contaminants, including hydrocarbons, pesticides, heavy metals, and pharmaceuticals.

## Conclusion

Fungal mediated plastic bioremediation has the potential to be an effective and sustainable approach for mitigating plastic pollution. Researchers have discovered various fungal species capable of degrading different types of plastic, including polyethylene terephthalate (PET), polyethylene (PE), polypropylene (PP), and polystyrene (PS). Fungi such as *Aspergillus*, *Penicillium*, and *Pestalotiopsis* have shown promising plastic-degrading abilities. Fungi employ specific enzymatic pathways to degrade plastic polymers. For example, some fungi produce enzymes like esterases, cutinases, and laccases, which can break down the chemical bonds in plastics and facilitate their degradation. Understanding the enzymatic pathways involved in fungal plastic degradation can aid in the development of more efficient and targeted strategies for plastic bioremediation. Researchers can explore genetic engineering and synthetic biology approaches to enhance fungal enzymatic activities and optimize degradation processes. Fungal-mediated plastic degradation results in the production of various by-products, including organic acids, carbon dioxide, water, and biomass. These by-products can be further utilized in other industrial processes or serve as sources of energy. The by-products generated during fungal plastic degradation have potential value as secondary resources. They can be harnessed for the production of biofuels, bioplastics, or other bio-based materials, contributing to a circular economy and reducing dependence on fossil fuel. Understanding the optimal conditions for different fungal species and plastic types is crucial for scaling up fungal-mediated plastic degradation technologies. Fungi play important roles in natural ecosystems as decomposers and nutrient recyclers. Fungal-mediated plastic bioremediation should consider the potential ecological impacts of introducing non-native fungal species or altering existing fungal communities. Before implementing fungal-based remediation strategies, careful risk assessment and environmental monitoring should be conducted to ensure that the introduction of fungi or alteration of fungal communities does not disrupt ecosystem dynamics or have unintended consequences.

As plastic wastes continues to cause significant threats to ecosystem, the development of sustainable and effective waste management strategies is crucial. Fungal mediated bioremediation presents a promising avenue for plastic degradation, offering a range of advantages such as natural enzymatic capabilities, potential for genetic manipulation and compatibility with diverse plastic types. While challenges and limitation exists, ongoing research and technological advancement are expected to address these issues and pave the way for large scale implementation of fungal bioremediation techniques. By embracing this innovative approach we can

contribute to a cleaner and more sustainable future, reducing the burden of plastic pollution on our planet.

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