



Surgical and Conservative Follow Up of Diastematomyelia with Related Anomalies

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Abstract

A progression of twenty-seven patients with diastematomyelia was broke down regarding introducing protests, physical discoveries, roentgeno realistic discoveries, and treatment. Specific consideration was coordinated to the issue of the related spinal deformation; twenty-six patients had huge spinal disfigurement, sixteen of whom obliged spine combination. A rate of diastematomyelia in inborn scoliosis was noted. Surgical evacuation of the bonespurtended to avoid increment in neurological shortage yet sometimes enhanced the neurological status. Surgical treatment of the scoliosis ought to be deferred until after evacuation of the septum. In checking on our arrangement of twenty-seven diastematomyelia patients, we found that everything except one had a critical congenital spinal deformation. The basic role of the present report is to show that diastematomyelia about dependably is joined by an inherent ebb and flow of the spine. The term diastematomyelia to mean a longitudinal bifurcation in the spinal cord with an intervened mid-line septum. This septum may be bony, cartilaginous; Diastematomyelia is incorporated in the gathering of conditions called spinal dysraphism, a gathering of inherent distortions of the spine and neural pivots including diplomyelia, diastematomyelia, dermal sinus, dermoid sore, neurenteric blister, sinewy band, unusual nerve roots, lipoma, and intraduralangioma.

Keywords: Diastematomyelia, lipoma, intraduralangioma, spine.

Introduction

Diastematomyelia is a condition happening in the inherent stage where the upper lumbar piece of the spinal string parts. This is a subtype of spinal dysraphism. The spinal dysraphism is a gathering of innate irregularities where it started in the incipient organism particularly the dorsum part. This condition is likewise connected with diplomyelia yet in diplomyelia, string has a copy as opposed to it being part¹.

In diastematomyelia, the part of the line is in a sagittal or longitudinal course. The "part" can either be incompletely or totally amongst the "hemicords". What happens is that there is a part amidst the hemicord and after that the two will rejoin in the lower piece of the line. The seriousness of the issue can shift so the signs and indications can likewise differ. The lines the split normally lie in the same covering like the dura and the arachnoid layer².

However, there are additionally strings that totally split despite the fact that they have distinctive blankets or layers. As indicated by studies, females are more influenced and the string that parts are generally happens when there is a sinewy or cartilaginous septum in spinal line.

The movement of the issue is of obscure inception in this way it is called a dysraphic state³. More often than not, the diastematomyelia happens in the ninth thoracic region and the first sacral territory of the spine. In the sacral region, the

purpose of starting point generally happens in the lumbar vertebra in the upper bit. It is from time to time that the issue happens in the cervical territory. In instances of diastematomyelia the issue is basically in the lower parts of the body³.

Methodology

The twenty-seven cases in this study involve all patients analyzed as having diastematomyelia in three hospitals (neurosurgical centers) from 2003 to 2013. For every situation, the conclusion was all around reported and fit in with the meaning of diastematomyelia given above. All conclusions were demonstrated by MRI and CT scan, with the exception of one (case-4) where dissection determination was accessible. Seventeen of the patients are as yet being followed in our centers. There were twenty-one female and six male patients in our arrangement. Four patients (cases 1, 5, 8, and 11) had surgery for diastematomyelia somewhere else and were exchanged to this inside for treatment of their spinal deformations⁴.

An endeavor was made to focus the essential side effects of every patient. In eighteen of our twenty-seven patients the essential protest was spinal deformity. In most different arrangement, the essential indications have been recorded as distortions of the foot and neurological shortages (shortcoming, Incontinence of bladder or entrail, skin injuries over the spine, etcetera). Three of our patients (Cases 12, 17, and 25) were seen

principally as a result of a stride issue, and four patients had foot disfigurements as their boss objections. Two patients (Cases 4 and 15) were initially assessed in view of untreated myelomeningocele aside from that twenty-four of the twenty-seven patients had a clinically huge spinal disfigurement. Likewise, twenty of the patients had a mid-line thoracic or lumbar cutaneous variation from the norm. Eleven had a hair fix; four, a lipoma; two, a nevus; two, a sacral dimple; and one, a hemangioma. Seven patients had no cutaneous sore⁵. Twelve of the patients had noteworthy foot disfigurements and in eight patients these were adequately extreme to require surgical strategies.

The neurological examination was regularly conflicting throughout the years, for the most part on account of troubles in recognizing minor neurological deficiencies in little youngsters. Sixteen of the patients had at any rate least neurological disability notwithstanding the already noted deformations of the foot. Likewise, two had all out paraplegia and myelomeningocele and one had a spastic paraparesis (cerebral paralysis). A large portion of those with a neurological shortfall had differing muscle shortcomings and obsessive reflexes notwithstanding the foot disfigurement⁶.

Tangible changes were verifiable in three patients (barring those with myelomeningocele). Roentgenographically, abonespicule was unmistakable in fifteen of the seventeen patients who, at surgery, were found to have a bone septum. Twenty-six of the twenty-seven patients had augmenting of the interpedicular separation and a spina bifida⁷. The extending between the pedicles was effectively perceived and dependably was situated in the zone of the diastematomyelia. The spina bifida was variable, at times being broad and including a few vertebrae while in others it was little, noticeable simply because we concentrated on the roentgenograms particularly for this deformity. Moreover, the spina bifida was frequently situated at an alternate level than the diastematomyelia.

Everything except one of the patients in the arrangement had different inborn vertebral irregularities, and that one had a conspicuous twist abifida and augmenting of the interpedicular separation. Eight patients had one or more hemivertebrae while fifteen were found to have a disappointment of division, for example, an one-sided unsegmented bar or melded vertebral bodies. Everything except one of the patients in this arrangement had MRI and CT scan; the special case was a patient who was found at only myelography to have diastematomyelia.

The septa were found anyplace from the third thoracic to the fourth lumbar sections. There were one at the third, one at the fifth, two at the seventh, one at the eighth, one at the ninth, and two at the tenth thoracic portions; six at the initial, five at the second, six at the third, and two at the fourth lumbar sections. In this manner nineteen of the twenty-seven septa were lumbar, and just eight were thoracic⁷.

In the majority of the investigated spines, the septa were osseous. In five patients (cases 2, 4, 6, 15, and 20) laminectomy was done and the goad was not evacuated. Two of these were absolutely paraplegic with myelomeningocele and two (Cases 2 and 20) both having extremely minor shortcoming of the foot. The fifth patient (case 6) had the sore at the third thoracic portion, and had no neurological shortage. The outcomes are condensed in table-1. Nineteen patients had sufficient postliminary (at least six months after laminectomy).

Target assessment of the aftereffects of the surgical treatment in these patients demonstrated that, in light of preoperative and postoperative neurological examination and, in a couple cases, on electromyography and muscle testing, no patient was aggravated significantly better or. Over the long haul two patients (cases 7 and 22) were marginally enhanced, two patients (cases 23 and 27) had an expanded neurological shortfall, and one patient (case 24) would do well to reflexes yet expanding deformation of the foot. The staying fourteen patients were unaltered. One patient passed on of heart failure during laminectomy⁸.

Diagnosis mainly done by MRI and CT scan only in contraindicated cases we use lumber myelography.

Other indicative imaging test are done like MRI or Magnetic Resonance Imaging to help give fitting perspective and examination of the issue⁴. CT output can likewise be performed where it gives fitting perspective of the bones, additional and intradural pathology of the issue^{5,6}. Amid pre-birth ultrasound, the diastematomyelia is identified amid the third-trimester⁶.

The outcomes show whether the issue is disconnected or if there are neural tube deformities included. For those patients determined to have diastematomyelia yet is asymptomatic, there is no quick surgical intercession required^{7,8}.

On the off chance that the patient gives hints and side effects of the issue, then prompt surgical intercession is required. This ought to be done to maintain a strategic distance from weakening and declining of the issue. The surgical treatment relies on upon the sign of the issues. The principle objective of the surgery is to rectify the issue for engine capacities and other body capacities to retreat to ordinary⁸.

Decompression surgery is a standout amongst the most widely recognized operations performed in instances of Diastematomyelia. This incorporates evacuation of the hard goad and at times the dural sac could conceivably be repaired or resectioned. This methodology is predominantly done to help reduce the strain amongst the spinal cord which will make uncomfortable feeling to the patient⁹.

This implies that there are distinctive treatment arrangements included. There are situations where the sign is novel and it doesn't include just 1 or 2 going to doctors. This is to guarantee that the group searches for the welfare of the patient¹⁰.

Clinically, diastematomyelia happens dominantly in females. The lion's share of patients have midline thoracic or lumbar cutaneous variations from the norm connected with spinal dysraphism including shaggy patches, dimples, hemangiomas, lipomas, and sinus tracts. Sixty to seventy percent of patients with diastematomyelia have inherent scoliosis, and more often than not a neurologic irregularity results from the brokenness of the distal spinal cord and conus medullaris. Neurological disintegration was thought to be created by the tying of the spinal cord auxiliary to the development of the spinal waterway¹¹.

For our situation, the patient additionally exhibited the tying of the spinal cord connected with diastematomyelia, and created syringomyelia distal to the level of diastematomyelia¹². To the best of our insight, few reports have, so far, depicted the support of syringomyelia connected with diastematomyelia in the etiology of neurological shortages. We therefore report a surgical case with 14 years of long haul subsequent exhibiting the relationship of syringomyelia with diastematomyelia.

Results and Discussion

The mean age of the patients at presentation ran from 1 to 19 years (mean, 13 years). There were 21 female patients and 6 male patients. The congenital spinal deformity were ordered utilizing standard wording as either disappointment of development, disappointment of division, or blended defects. There were 16 instances of scoliosis (counting kyphoscoliosis) and 5 instances of inborn kyphosis because of hemi-vertebra. Of the 16 instances of scoliosis, there were 7 named disappointments of arrangement¹³, 3 as disappointment of division, and 6 as blended deformities.

The results are summarized as. Nineteen patients had adequate

follow-up (a minimum of six months after laminectomy). Objective evaluation of the results of the surgical treatment in these patients showed that, based on preoperative and postoperative neurological examination and, in a few cases, on electromyography and muscle testing, no patient was made dramatically better or worse. Over the long term two patients (Cases 7 and 22) were slightly improved, two patients (Cases 23 and 27) had an increased neurological deficit, and one patient (Case 24) had better reflexes but increasing deformity of the foot. The remaining fourteen patients were unchanged. One patient died of cardiac arrest during laminectomy.)

Genitourinary inconsistencies were found in 5 patients (one-sided agenesis of the kidney in 3 patients and ectopic kidney in 2 patients). None of them had clinical components suggestive of genitourinary irregularities however were coincidental discoveries recognized on screening. cardiovascular anomalies were found in 6 patients with mitral valve prolapse being the commonest incompetence (in 4 of 6 patients). All patients spent no less than 1 day in intensive care unit, the mean hospitalization time (barring 3 patients requiring extra foremost surgery) was (extend, 5–7 days).

The normal follow-up was 2 years (run, 6 month up 4 years). None of the patients experienced decay in their neurologic status after surgery. For the patients with preoperative neurologic shortfall, the recuperation was finished in 2 patients; neurologic status was better in 1 patient and unaltered in the other. In one patient who had related myelomeningocele, postoperative cerebrospinal liquid spillage was watched, and it was repaired effectively in a brief moment surgical technique. None of the patients had contamination, pseudarthrosis, or loss of remedy amid the subsequent visit.

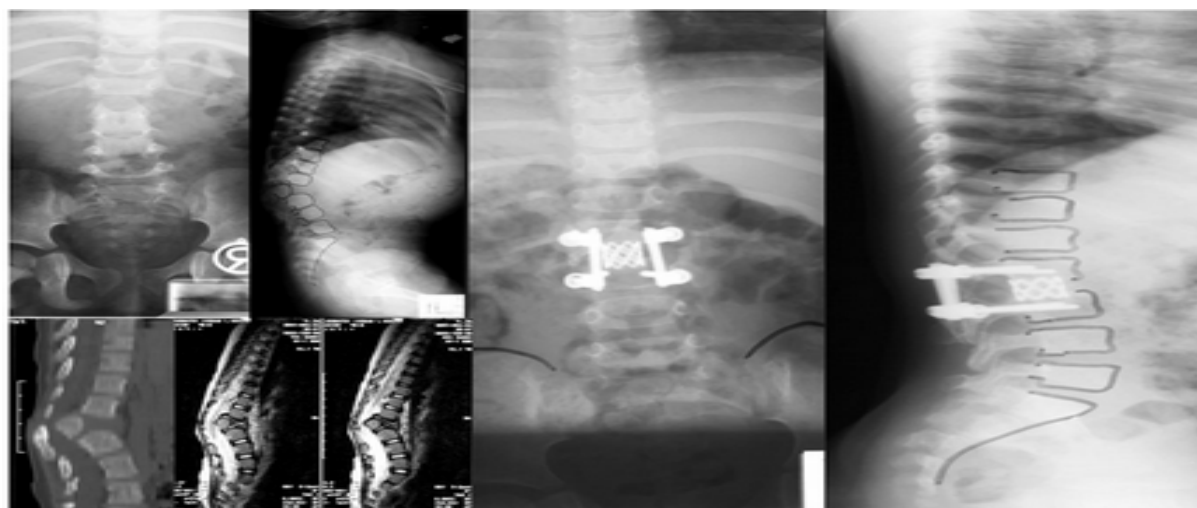


Figure-1

A 3-year-old female patient with congenital kyphosis associated with tethered cord. The patient had neurologic deficit at presentation. The following surgical procedures were performed in order: placement of pedicle screws, release of tethered cord, correction and fusion with titanium mesh cage

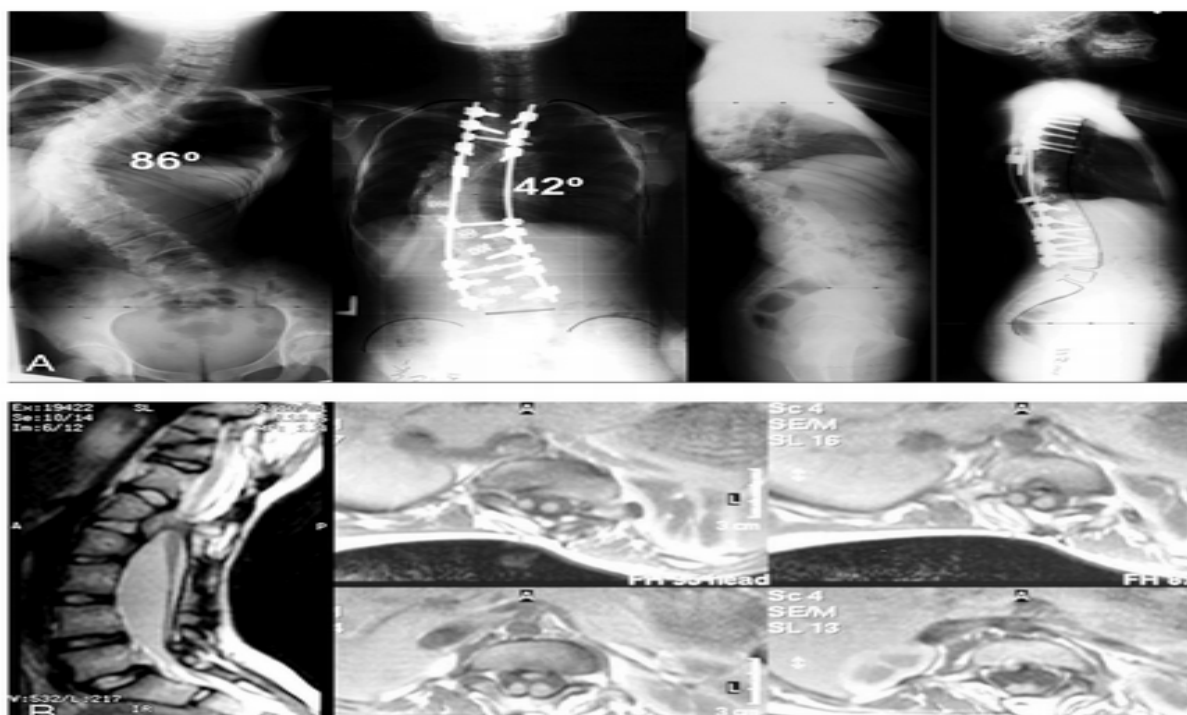


Figure-2

A, A 15-year-old female patient with congenital scoliosis associated with diastematomyelia and tethered cord. After exposure and posterior placement of pedicle screws, tethered cord was released and bony spur was excised. Then, we performed posterior shortening wedge osteotomy at T10 –T11 to correct severe frontal imbalance. Two weeks later, anterior fusion was done to prevent pseudarthrosis. At fifth postoperative year, she is free of any symptoms. B, MRI scans showing the diastematomyelia

Discussion: The information gathered from this material recommends a particular relationship in the middle of diastematomyelia and congenital deformity of the spine. In conjunction with the present study, our patients below 10 year was Twenty-three were found to have diastematomyelia.; however, on the grounds that not those patients had myelography, we trust that the frequency may be considerably higher. In this manner, diastematomyelia ought to be considered in the assessment of all patients with spinal deformity. The roentgenograms ought to be mulled over for extending of the interpedicular separation and for a mid-line bonespur¹⁴. In our experience, a table of interpedicular separation is superfluous in light of the fact that the extending is effectively perceived if proper roentgenograms are made in the correct projection. We believe that the patient with congenital scoliosis and with a widened spinal canal has diastematomyelia unless proved otherwise¹⁵. By and large the conclusion will be supported by the vicinity of extra signs, for example, a hair patchanda neurological shortfall, yet in the last determination amyelogram is helpful if no CT or MRI available. Early analysis in patients with innate scoliosis is very imperative.

The correction of a scoliosis nearly always involves stretching the concave side of the curve, and perhaps the cord as well¹⁶. We consider that cord injury is a realistic possibility, although we

have not observed this complication in our own patients. We thusly prescribe that screw and plate instrumentation be maintained a strategic distance from in inherent scoliosis unless diastematomyelia has been ended up being truant. And still, at the end of the day, there is threat on the grounds that stringly groups tying the cord may not be apparent on myelography. We saw one patient with inborn scoliosis and a hair patch, however with a negative MRI, who got to be paraplegic with instrumentation.

Myelography is not generally precise. False positive results can happen. There may be a filling imperfection, however not in the mid-line, or the deformity may be an ancient rarity and not introduce on serial movies¹⁷. The non-mid-line imperfection may be a noticeable quality of bone, however not a spike bifurcating the cord. Most much of the time a false positive myelogram happened in patients with intrinsic kyphosis in whom a kyphotic swelling of the vertebral body in the mid-line of the spinal trench brought about a contrast's division medium segment, especially when the roentgenograms were made with the patient inclined. These entire problems can be solved easily by the availability of MRI and CT scan.

We advocate that a patient with congenital scoliosis with broadening of the interpedicular separation and with a

neurological deficit or a foot distortion ought to be investigated for a spinal dysraphism at the auge, despite the fact that the myelogram is negative. CT scan of spine with MRI before surgical treatment of the spinal disfigurement.

The synchronous surgical treatment for congenital deformity and intraspinal anomaly does not include critical entanglements and is by all accounts an option and safe treatment choice. The proper analysis the pre-operation investigation, position calculating, surgical technique and reason for diastematomyelia with bony partition and scoliosis. Clinical studies, including surgical decisions and agent. Diastematomyelia patients with rigid separation and scoliosis were reviewed. All patients accomplished a tasteful result by rigid gap resection and lumbosacral dural sac plasty. Such surgical procedure makes patients in a decent condition to acknowledge further scoliosis instrumentation. Primary nerve harm manifestations were helped or disposed of in some patients

Conclusion

Conclusion Before surgical instrumentation all scoliosis patients ought to have spinal X-ray, CT and MRI examination to figure out whether diastematomyelia going with bony divide. Sole diastematomyelia needn't bother with any treatment. Patients with diastematomyelia and rigid gap ought to acknowledge rigid gap resection and lumbosacral dural sac plasty before spinal instrumentation operation, which is the most vital for youthful patients in developing stage. This report portrays a adult case with the surprising etiology of a split string deformity and diastematomyelia. Our case was one of a kind in light of the unlucky deficiency of any torment, neurologic signs, and accelerating intense occasion prompting determination. Surgical decompression of hard goad gave relative change of these side effects.

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