



Short Review Paper

Basic concepts of Vachanakars' and Atmanirbhar Bharat (Self-Reliant)

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Abstract

In ancient times primitive man lived in forest. Like other animals he also ate tubers, potatoes and raw meat. There was accommodation in caves, wooden potaki, stone wall etc. As the peoples engaged in agriculture and animal husbandry he lived in one places. As civilization grew up, he began to take steps towards self-reliant in food, shelter and clothing etc. By the 21st century, a man becomes increasingly dependent on machines, medicines and other imported ingredients. This made him feel restless. Soul- happiness began to fade. Due to all these reasons intellectuals turned their attention towards self-reliance.

Keywords: Concepts of Vachanakars', Atmanirbhar Bharat, Self-Reliant.

Introduction

Atmanirbhar Bharat is basically a term coined at the time of Pandemic covid-19 in India. It is actually the vision of our Honorable Prime Minister Narendra Modi. The government announced the Atmanirbhar Bharat Abhiyan to meet the demands in every fields of life and to make India self-reliant and sustainable development.

The caste system in India has plagued the society for centuries. The situation of lower class peoples deteriorated completely due to this Chaturvarna System in India. The Yajna, Yag, Homa-Havanas of Vedic System does not improved the life of common peoples. The piece and order of the society is disturbed due to poverty, indolence, bigotry and unhuman qualities. The Karma, fate, Vidilikhit, Haven- Hells are spoiled the life of India. In such a situations the Vachanakaras started a revolution in Kalyana of Karnataka in 12th century.

Importance: A new ray of hope began to raise among the people due to poverty alleviation, release of bad habits, health promotion, churning of intellectual thought. This revolution was started by Vishwaguru Basavanna, who was the Prime minister of Bijjala King in Kalachuri Kingdom 12th century. This movement spread all over the country. Many peoples, Yogis, Men of the age, Intellectuals, social reformers from Kashmir, Nepal, Afghanistan, Gujarat, Bengal, Tamil Nadu, came and participated in this movement. This revolution became a milestone in the history of India.

Ishtalinga worship: The shape of this earth is sphere. The sun and the moon are also in spherical shape. The scientists have discovered that the universe is also spherical. i. Ishtaling is invented by the Vachana writers symbolises the sphere.

Ishtaling symbolises the Globe or the sphere, ii. Channabasavanna was written in of his Vachana that the Ishtalinga is invented by Basavanna. iii. The Lingayats tie such a Ishtaling around their necks. They get up early in the morning and worship the Ishtalinga. By doing this they believe that one can be free from lathery and untimely death etc. iv. There is a scientific reason behind this belief. Our acts of getting up early in the morning taking bath, doing Yoga and saying prayers/meditation will improve our physical and mental health. This practice cures diseases like cardiac attack (heart failure) etc. If we are physically and mentally sound we will be comfortable. As our body itself is a temple of Shiva. The Lingayat need not undertake pilgrimages. During the covid time the government and the media cautioned that the people not to step-out of their house, temoles and holy places were closed. But there were no obstacles to the worship of Ishtalinga. Here one of the main objectives of Prime Minister Modi's Atmanirbhar Bharat Abhiyan realizes the importance of self-reliant of the people. The Vachankara Ishtalinga worship is related to self-reliant¹⁻³.

Work is Worship (Kaayaka): Vachana writers have given preference to labour⁴. Whatever may be the work it must be done dedicatedly. Vachanakaras, appealed the devotees of Shiva don't give up for any reasons. If friends, relatives, masters come while working or even if God Himself comes and appears, devotees should continues the work⁴. So that the rewards of our work will reach us much sooner. Poverty will vanish². Scarcity of wealth leads to many problems in the life. Hence Vachana writers appealed the devotees to take up one or another work for economic self-reliant. By seeing this we can understood why the Vachankaras gives importance to Kayaka. This work (labour) plays a vital role in the economic self-reliance of the country.

Prohibition of corruption: Everyone has a desire. But many people's earn more than what they require and they think that another's money is also their money. This is nothing but corruption. This creates imbalance in the society. Employees should try to survive on their salary. Chew as much as digest. A common woman namely Aaydakki Lakkamma has suggested a remedy for rooting out practice corruption in the 12th century itself². Her husband used to pick rice that had fallen in Great House. His family lived on the rice he brought. Once he brought home more rice than what he used to bring every day. His wife Lakkamma objected that she didn't want to earn more than what is required. She insisted her husband Marayya to pour the rice back from where he had picked it². If everybody follows this practice and earn wealth sincerely /honestly there will be peace and prosperity in the society. Then the country will become self-reliant. Our Prime Minister's mission will be fulfilled. Through this, the goal of self-reliant India will be realized.

Worship of body (Prasad kaaya): Food is very necessary for the survival of the body. The physical and mental health depends on the food we eat. Akkamahadevi has mentioned in one of her verses about the ill effects of eating of more foods². A man should eat only when he is hungry. Bahurupi Choudaiah told that even a bit of rice eaten without hunger will become poison. Rajayoga is possible only if our health is good and also all of our actions are good⁵. Ambigar Choudaiah angry on those who eat more than what they good digest⁴. These people suffer to take treatment, medicines and also contact to the doctors etc. Over eating leads to several diseases. Most of the peoples are addicted to bad habits and verses. Jedar Dasimayya warns that over eating causes diseases. Vachana writers cautioned to not ruin in Prasad Kaaya (human body) which is grace of god⁴. Thus we become self reliant if and only if our body is strong. If the peoples of the country enjoy good health automatically

country becomes self-reliant. When we see all of this we understood the importance of Prasad Kaaya, the principle of Vachanakar's.

Conclusion

A new optimism was born among the people and self-confidence grew due to the concepts of these sages. Kayaka Siddhanta led to poverty alleviation. Lingapuja and Dasoha influence physical and mental health. Rational thinking started among people. It helped to raise scientific awareness. A firm foundation was formed for peace and order in the society. The concepts of the Vachanakar's will indirectly help in achieving the main objectives of the Atmanirbhar Bharat Abhiyan launched by the Modi government.

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