



Short Review Paper

Aatmanirbhar Bharat and Social Work

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Abstract

Social work is an organized profession to extend the helping hands to an individual, group and community, for their betterment as well as sustaining them to help themselves by adopting various professional strategies. Every person in a society wants to lead a happy, healthy, safe, inclusive life. The provision of social work services is crucial to attaining this objective. To understand the Social Work and Aatmanirbhar Bharat and To know the Social Work promotes Aatmanirbhar Bharat in Social Development. The aims of the paper have been accomplished, and the structure of the paper has been crafted on the basis of the results. It did its research using secondary sources, such as periodicals, books, and websites, amongst other things. In every section of this paper, the descriptive method was applied. Social workers are to effectively contribute to the resolution of social issues that are derived from global social, political, and economic realities, they must acquire new levels of expertise and adopt new models of practice.

Keywords: Aatmanirbhar Bharat, Social Work, Social Development.

Introduction

Global Definition of Social Work: Social work is a practice-based profession and an academic discipline that promotes social change and development, social cohesion, and the empowerment and liberation of people. Principles of social justice, human rights, collective responsibility and respect for diversities are central to social work. Social work is an organized profession to extend the helping hands to an individual, group and community, for their betterment as well as sustaining them to help themselves by adopting various professional strategies. Every person in a society wants to lead a happy, healthy, safe, inclusive life. The provision of social work services is crucial to attaining this objective¹.

Underpinned by theories of social work, social sciences, humanities and indigenous knowledge, social work engages people and structures to address life challenges and enhance wellbeing.

A method is always used to achieve a specific goal because it is well understood to be an orderly way of proceeding. Social workers use various strategies, including social work methods, to assist people of all ages and from all social groups in improving their social functioning and problem-solving skills². India has only 2.4% of the world's land area, but it is home to 16% of the world's people.

The result is that natural resources will not be able to be used in a way that is sustainable for many generations. At alarming rates, India's environment is getting worse quickly and all over

the country. To support the huge number of extra people, the country's land and natural resources are under a lot of stress³.

Objectives of the Paper: i. To understand the Social Work and Aatmanirbhar Bharat, ii. To know the Social Work promotes Aatmanirbhar Bharat in Social Development.

Methodology

The aims of the paper have been accomplished, and the structure of the paper has been crafted on the basis of the results. It did its research using secondary sources, such as periodicals, books, and websites, amongst other things. In every section of this paper, the descriptive method was applied.

The Five pillars of Atmanirbhar Bharat: i. Economy – an economy that brings Quantum Jump rather than Incremental change. ii. Infrastructure – an infrastructure that becomes the identity of modern India. iii. System – A system that is driven by technology to fulfill the dreams of the 21st century, iv. Demography – Our Vibrant Demography is our source of energy for self-reliant India. v. Demand – The cycle of demand and supply chain is the strength that needs to be harnessed to its full potential.

India still has a long way to go before domestic and foreign goods are equal. To make the Atmanirbhar Abhiyan a successful mission, it is necessary to improve the quality and authenticity of domestically produced goods and services, offer more variety to customers in each product line, take into account customer demand and needs, implement effective advertising and

marketing strategies, and take other steps with social work practice in various fields⁴.

Fields of Social Work: Atmanirbhar Abhiyaan was launched by the Prime Minister on 15th May 2020 to make India Self reliant. In connection to this Group therapy, active learning techniques, pedagogical correction, and social diagnosis were all included into production practice by social workers thanks to their training process⁵. Changes in the realm of business and industry, which are anticipated to continue to accelerate in the 21st century, might bring significant challenges and concerns for social work⁶. Since the beginning and implementation of the globalization process after 1991, India has achieved significant success. The expansion of global trade, doctrines, and culture go hand in hand with the improvement in global synergy. Following urbanisation and globalization, Indian society is undergoing significant change⁴.

International Social Work: Social work has a variety of roles to play in global development. They consist of providing direct assistance in neighbourhoods, refugee camps, orphanages, hospitals, and schools as well as assisting national governments, intergovernmental organisations, and non-governmental organisations in their attempts to improve social wellbeing.

Justice and Corrections: Justice and corrections social workers can be found in courts, rape crisis centers, police departments, and correctional institutions.

Mental Health and Clinical Social Work: Clinical social workers make up one of the main groups in the country that are in the business of providing mental health care. They offer their services in both urban and rural areas, where they are often the only licenced source of mental health care that can be found in those areas.

Mental Health and Substance Abuse Social Work: Social workers assist people, families, and communities in finding solutions to overcome drug use. They add a much-needed ecological perspective to therapies that place the client in relation to his or her family, neighbourhood, social networks, cultural norms, and governmental regulations. As a result, social workers who have received training in the treatment of alcohol, tobacco, and other drug addictions are often involved in case management, group and individual therapy, family counselling, advocacy for housing and employment needs, community resource development, education, and policy making.

Occupational and Employee Assistance Program (EAP) Social Work: Occupational social workers assist organisations in improving efficiency, creativity, production, and morale by assisting with organisational structure and procedures. They might also work for a union and engage in organising or employment counselling.

Policy and Planning: Social workers evaluate laws, programmes, and regulations to determine which ones are most successful. In addition to identifying social problems, they research needs and related concerns, put forward legislation, present alternative solutions, and recommend new initiatives. They may encourage the formation of networks within organisations and coalitions between groups with related objectives.

School Social Work: School social workers connect children with emotional, developmental, and educational needs with school, home, and community services. A small minority of school social workers may work in social services agencies or other service sites, including preschool programmes and residential treatment centers for emotionally troubled children.

Public Welfare: Social work in public welfare involves planning, implementing, and financing programmes, educating and supervising staff, and establishing and evaluating service delivery standards and criteria. Professional social workers must demonstrate inventiveness and leadership when faced with a variety of obstacles in the field of public welfare.

Advocacy and Community Organizing: The practice of social work is based on advocacy. Advocates for social work fight for the rights of people and communities with the intention of establishing social justice. The goal of community organising and advocacy is to balance out wealthy and powerful groups and the resources they have available to them in order to protect and advance themselves. Social work and community organising were historically answers to the various dynamics inequality in our society. They are still just as useful and important today.

Work with Elderly people: Social workers connect elderly people with services that enable them to live independently and with dignity, enhancing their quality of life and social inclusion. The physical, psychological, social, and economic facets of daily living are emphasised in social work with older individuals.

Developmental Disabilities: Educating parents of children with developmental disabilities about their legal rights is another service provided by social workers. They assist parents in becoming strong supporters of their children's rights and in locating particular services that help kids become as independent as possible.

Industrial social work: The management has developed social work over the past few years as a component of welfare services for industrial workers in the community. Workplace social work is a cutting-edge field of practice. A variety of businesses and industries, both big and small, have introduced social workers into their human resources departments to assist staff members and their families with personal, family, and community issues.

Others: Sky is the scope of Social Work. Administrators of social work are proactive leaders in both public and commercial organisations that offer clients services. The administration in other organisations shares many components of this field of social work practise. However, administration and management also call for vision for the future, knowledge of future planning, comprehension of human behaviour, and dedication to social work ethics and principles.

Social workers carry out research, promote better services, build systems, or participate in planning or policy creation. Many social workers focus on helping a certain group or working in a particular environment⁷.

Prospects for Professional Social Workers in Development Sectors:

Collective support of education and field practice can be more contributory for the upliftment of the various sections of society⁸. Social workers don't pick and choose which topics and problems to focus on. They recognise a problem, even one that is exceedingly challenging, and work to assist others in solving it. They must get ready to assist those who need Problems that are highly general and impact entire companies and communities are on the one hand, while customised personal issues are on the other⁶. The values of social work are built on respect for the equality, value, and dignity of all individuals. Social work evolved from humanitarian and democratic ideas. Since its inception more than a century ago, social work practice has centered on addressing the needs of people and maximizing their potential. Social work action is driven by and justified on the basis of human rights and social justice. In an effort to foster social inclusion, the profession works to reduce poverty and free those who are weak and oppressed out of sympathy with others who are less fortunate. The social work profession deals with societal obstacles, injustices, and inequities⁹. Working with vulnerable individuals and communities to overcome difficulties they encounter on a daily basis is the focus of the profession of social work. Although social workers work in a range of contexts, they are all dedicated to promoting the rights of people and enhancing their quality of life¹⁰.

Social workers can pursue careers as counselors in fields like community policing, adoption, environmental protection, and healthcare. In addition to public assistance, medical social work, community organization, social work, planning and policy development, and social welfare administration, they can also specialize in child welfare and family services, mental health services, public assistance, and social work. Currently, Non-Governmental Organizations (NGOs) that promote welfare or aim to improve society as a whole control and administer a substantial portion of the development sector. In NGOs and development organizations, a person with a degree in social work is highly desirable (ideally a master's degree). In other words, it may be claimed that professional social workers are in charge of both the development and NGO sectors. It varies from organization to organization how much a professional social

worker makes in India's development sector⁹. Human dignity, equality, and social justice are the cornerstones of "Atmanirbhar Bharat." The three ideas are not independent from one another but rather linked and interdependent. The focus is on collaboration rather than rivalry. It emphasizes community above tenacious individualism¹¹.

Discussion and Suggestions

The dreams of Atmanirbhar Bharat inspire us to continue working. With the help of all stakeholders, including the government, resource people, institutions, and organisations, we suggest a comparable intervention across all of India based on prior studies that have provided us with some guidance in this direction⁴. Many people wonder, "What is a social worker?" because of the various domains of practise and duties that social workers perform. Social workers are responsible for a wide range of tasks, including offering support to those experiencing tough situations, emotional stress, or significant change in their life, as well as clinically identifying emotional, behavioural, or mental health disorders in individuals. They not only assist folks in coping with the crisis at hand, but they also advocate for them and seek out useful resources and other forms of assistance for those in need¹².

Conclusion

If social workers are to effectively contribute to the resolution of social issues that are derived from global social, political, and economic realities, they must acquire new levels of expertise and adopt new models of practice. These innovative practice models must, at the very least, demonstrate an awareness of the global dimension of the social issues that draw clients, client groups, and other stakeholders to the attention of those providing human services. Furthermore, they must be supported by empirical data and provide constructive advice on a variety of social development strategies that can be used to address specific social needs.

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